

OPERATION EDITH

Exit Drills In The Home

EMERGENCY – CALL 911

Install smoke detectors

Most fire deaths occur at night, often while people are sleeping. Give your family a head start out by installing smoke detectors near each sleeping area and escape route of your home.



Mark escape routes on a floor plan

Draw a floor plan of your entire home. Show all possible exits from each room. Know two ways out of every room, especially bedrooms.

If you live in a multi-story apartment building, map out as many routes as possible to exit stairways on your floor and other floors of the building.

- If one of your escape routes is a second or third story window, consider investing in a safety ladder. Check local hardware or major department stores.
- If you live in a high-rise building, plan to use stairways, never elevators, to escape fire. Elevators may become trapped between floors or take you directly to the fire.

Discuss the escape plan with your family

It's important to go over your fire escape plan with your family, or with your landlord and neighbors. Make sure everyone in your family knows the telephone number for the fire department or the local emergency number. Carefully explain the following procedures.



- Sleep with your bedroom doors **CLOSED** at night. A closed door will help slow the spread of deadly fire, smoke and heat. When following your escape route, be sure to close doors behind you.

The smoke detector will sound the alarm to wake you and your family. You can also develop a special signal that all family members will understand to mean "danger." You might use a whistle or bang on the wall. Use this signal *only* in emergencies.

When you hear the alarm, roll out of bed to the floor. Get down on your hands and knees, crawl to your door and touch it. Don't stop for clothes, papers or jewelry.



If the door feels cool, open it just a crack to check for smoke. If there is none, leave by your planned escape route. Remember to crawl low and keep your head down. Cleaner air is nearer to the ground.

- If the door feels hot when you touch it, *do not open*. **DO NOT PANIC. STOP AND THINK BEFORE YOU START.** Escape out **the window** or use your alternate exit.

- If you can't leave your room or apartment, seal cracks around doors and vents as best you can, using wet towels if possible. Open a window at both the top and bottom. Stay low by the window to breathe fresh air. If there's a phone, call the fire department – even if it has already been called or is at the scene – and tell them exactly where you are in the building. Shout for help and signal your position by waving a bright cloth, towel, or sheet.



- If your clothes catch on fire, **STOP** where you are, **DROP** to the ground and **ROLL** over and over to put out the flame. **DO NOT RUN.** Running will only increase the flames.



- Teach small children never to hide under beds or in closets. Take your children to a neighboring firehouse to see the equipment and protective gear firefighters use, so they won't be frightened of firefighters during a rescue.

Gather at a pre-determined meeting place outside your home, well away from the building, and take a head count. Once outside, **STAY OUT.** After you've all met send someone to go to a neighbor's house and phone the fire department. Meet the fire trucks and tell firefighters whether everyone is out of the house.



Practice with a home fire drill

- Once you've sketched out your escape plan and discussed it with your family and neighbors. **PRACTICE.** Involve every member of the household.



- Start your home fire drill with everyone in their beds, doors closed. One person sounds the alarm. Each person touches his door. Pretend the door is cool and practice your escape route from the room. Pretend the door is hot and practice the alternate escape. Meet outdoors at assigned spot. Send one person to pretend to phone the fire department.

- If you live in an apartment building, work with your landlord or building manager and neighbors to map out and practice escape plans. Invite a representative of your local fire department to help out by inspecting the building and advising on fire prevention and escape planning.

- Disabled people have special needs and should have two escape plans – one for when the rest of the family is at home, and one for when they are alone. For more

SANDY CITY FIRE DEPARTMENT

FIRE SAFETY CHECK LIST

HOW "FIRE SAFE" IS YOUR HOME?

Take the time now to survey your home and be certain it is safe from fire. If there are any checks in the "no" column, correct the trouble now... **Tomorrow may be too late.** Complete another survey a month from now, just to be sure everything is safe from fire.

Make the "Fire Safety" check a family affair. If everyone takes part, every family member will be more alert to what might cause a fire in the future.

LIVING ROOM

	Yes	No
Is fireplace guarded properly with a fine mesh screen?	___	___
Are furniture and burnables kept away from heat registers, fireplaces and space heaters?	___	___
Are there multiple attachments on one electrical outlet?	___	___
Is TV set away from burnables?	___	___
Are fire-proof ash trays provided?	___	___
Are all electrical cords in the open, not run under rugs, over hooks, or through door openings?	___	___

KITCHEN

Are appliances clean and in good repair?	___	___
Are burnable materials kept away from stove and out of oven?	___	___
Is exhaust fan clean and free of grease?	___	___
Is cooking oil safely stored?	___	___
Are matches and lighters safely stored and kept out of reach of children?	___	___
Are there multiple attachments on one electrical outlet?	___	___
Are curtains kept away from stove and all fires?	___	___
Is there an ABC fire extinguisher charged and accessible?	___	___

ATTIC

Is there any exposed wiring in the attic?	___	___
Are chimneys and flue pipes clear of burnables?	___	___

BEDROOM

	Yes	No
Are space heaters and lamps kept away from burnables?	___	___
Are lights in closets away from burnables?	___	___
Are there multiple attachments on one electrical outlet?	___	___
Are all ashtrays removed from bedroom?	___	___

GARAGE - BASEMENT - WORKSHOP

Is paper properly stored?	___	___
Are rags stored in air tight containers?	___	___
Are sawdust and shavings swept up?	___	___
Are paints and paint thinners stored?	___	___
Are ashes stored in a metal container with a lid?	___	___
Are gasoline, propane, Coleman fuel, kerosene or aerosol cans stored properly?	___	___
Are lawn mower and snow blower fuel tanks empty?	___	___
Is furnace flue, burner and filter clean and in good repair?	___	___
Is water heater clear of burnables?	___	___
Is there an ABC fire extinguisher charged and accessible?	___	___
Is Bar-B-Que clean and away from building?	___	___
Are all appliance cords in good repair (no frayed wires)?	___	___
Are breaker boxes accessible?	___	___
Are breaker circuits labeled?	___	___
Are all breaker spaces closed?	___	___

LIFE SAFETY

	Yes	No
Are smoke detectors located outside of all sleeping areas?	___	___
Are smoke detectors mounted on ceiling?	___	___
Is smoke detector battery fresh?	___	___
Are escape plans known by the entire family?	___	___
Does family hold semi-annual fire drills?	___	___
Do you instruct baby sitter in fire escape procedures?	___	___

GENERAL

Is the house address visible from the street?	___	___
Is the premises kept neat and orderly?	___	___

WOODBURNING STOVES

Is the firebox a minimum of 36" from burnables?	___	___
Is the stove pipe 18" from walls and ceiling?	___	___
Is fuel (wood and paper) stored 36" from firebox?	___	___
Are ashes stored in a metal container with a lid?	___	___
Does any part of the chimney have a 1/8" or more creosote buildup?	___	___
Has the chimney been inspected and cleaned this year?	___	___

BIG FIRES START SMALL – KEEP MATCHES AND LIGHTERS IN THE RIGHT HANDS.